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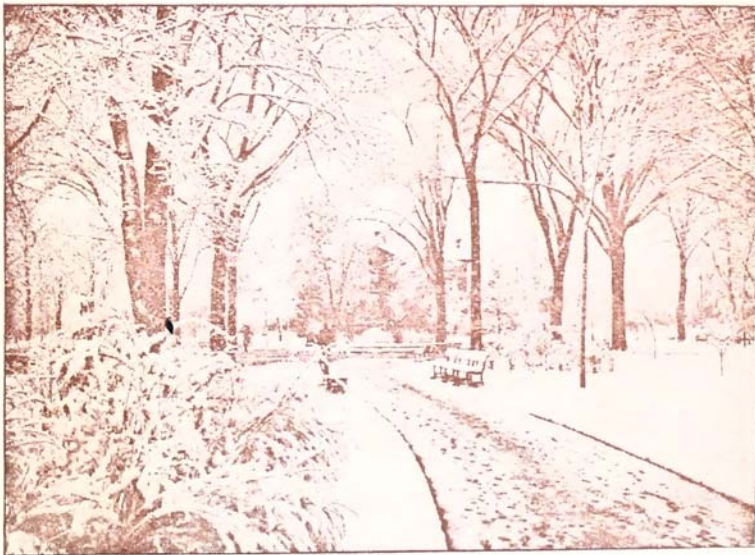
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Then if you are **fully satisfied** with the benefit received from it—if you wouldn't be without it for many times its low price, you can send me my special introductory price of Two Dollars. Otherwise return it (postage 5c, which I will gladly refund). Catarrh begins in the nose, but progresses rapidly to the throat, the larynx, stomach, kidneys, leading to the dread tuberculosis. **Check it now.** My Ox-o-na-ter works on entirely new principles, delivering absolutely dry healing vapor directly to the inflamed surfaces. It is curing thousands of the worst cases. It costs nothing to find out if it will cure you. Valuable catarrh book free.



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Are you losing your sense of smell?
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Science and Key of Life

PLANETARY INFLUENCES

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It is through ignorance we err, but with knowledge comes power, and with power, liberty.

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Each Individuality a Law unto itself.
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The "Divine Years," and Ages; Precession of the Equinoxes.
Evidences in Harmony with Geological Formations of Present Day. The Ages of Kali-Yuga, Treta Yuga, Dwapara Yuga and Satya Yuga.
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work and we each one become a
pupil in the science of the soul, a
probationer in the school of love.



¶ The object of Physical Life is to gather experience.

¶ It is the character that influences the conduct toward the opportunities that Life affords.

¶ The character makes the whole of the future as it made the past.

¶ Only in the heart of things can reality be found.

¶ Happiness lies in greeting the changes Life brings.

¶ God is Love, Will and Wisdom.

¶ The Soul can never die, in fact there is no Death.

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EDITORIAL DEPARTMENT

Can it be True?

To those who love Jesus and seek to conform their lives to his teachings, the thought of the injustice and cruelty of his death on the cross is ever painful and revolting.

Christianity, however, would render praise and adoration to the Creator for ordaining it to be and accepting such a crime, perpetrated upon a pure and holy man, as an atonement for the sins of the world.

If there lived on earth today a human father possessing a wise and noble child, also others who are ignorant, wayward and vicious, who would condemn the innocent one to a humiliating death that he might wash the sinful ones in his blood and be able to forgive them, if such a father lived, he would not be tolerated in any civilized country.

The very idea is revolting in its symbolism—for justice and reason declare that humanity shall reap as it sows, and experience proves that it is so.

A great esoteric truth is exemplified in the life of Jesus, but it has been dragged into materialistic misconceptions that belong to an ignorant and barbaric age.

Were archeologists to unearth from some buried city of Egypt inscriptions showing that Jesus lived for some time in that country after his supposed crucifixion at Jerusalem, the doctrine of the atonement would crumble away more rapidly than through the law of growth by absorption. That this is a fact is due to the power of the physical senses over the reason. What a man can see and touch is indisputable evidence to his reason; also whatever his fellows are able to exhume from the past, giving tangible

evidence of veritable experiences of his own species, appeals to his reason more forcibly than philosophy or theories, no matter how lucid and sacred their constructions may be. Therefore were a denial of the story of the atonement to be scientifically established, Christians would be free to follow the teachings of their noble elder brother joyfully, knowing that his life of self sacrifice, his noble attainment of wisdom, and his marvelous knowledge of nature's laws with which he lived in harmony, did not culminate in physical torture and death, but in a glorious unfoldment of his being which has imbued him with the power to help his more feeble fellows, the power to "comfort the sorrowing, to heal the sick and to bind up the broken-hearted" for centuries of time. A force set in motion when he realized that he "and the Father were one;" a force which will move on through all eternity and will surely accomplish its mission, teaching "the way, the truth, the life."

The Christ principle has borne him upward to a pinnacle of power from which he is transmuting cruelty into tenderness, washing away enmities and subduing the fires of hatred. Verily, "every knee shall bow and every tongue shall call him blessed."

The Christ-tide had no beginning and flows endlessly through the universe, cleansing, enriching and beautifying all lives that will step into its mighty current, bearing them safely to havens of peace, joy and plenty.

Patient research and the appliance of more mature reasoning powers are awakening humanity to realize that the great works of Jesus of Nazareth, "even greater than these," as he told his disciples, may be accomplished through a knowledge of the law, and living in harmony with it.

"Look for the light that shadow proves."

* * *

Spirit Is in Everything.

In order to better understand the over-soul or spirit within we must watch closely its action upon the physical world during its limited manifestation.

We each will do, and the result is an act, either by speech or deed. This principle is at the root of our being, and is the central point in us, and is the most involved of all principles. It is so much involved in many, in fact, even its existence is denied; yet it is latent or sleeping there, and only waits unfolding of the consciousness, when it can respond to the vibrations of the over-soul.

Without the Sun all would be dark and void; without the consciousness of the spirit in us we are poor, weak mortals, realizing nought of life's realities and possibilities. In many this spirit has been crushed owing to its rebellion against the over-soul, but when united to wisdom its direction is in harmony with the one great law.

The spirit is in everything. In the mineral it is bound in the rocks and stones; in the metal it is the sound; in the flower, the scent and color. We cannot see either sound or scent, but we know they are there in reality. The sound is latent until it obtains contact from without to awaken; and so with the scent of flowers. We can only perceive its excellence in proportion as our sense of smell is keen.

The same spirit is manifest in the music of the birds and the instinct of the animal, and finally we come to that immortal spirit in humanity, which is daily climbing nearer to its own specialized individualization.

Then we find that the art of divine magic consists in the ability to perceive the essence of things in the light of nature and by using the soul powers of the spirit to produce material things from the unseen Universe; and in such operation the above and below must be brought together and made to act harmoniously.

The spirit of nature is a unity, creating and forming everything, and by acting through the instrumentality of mankind

it may produce most wonderful things. Such processes take place according to a universal law and we may learn the law by which these things are accomplished, if we truly learn to know ourselves, for we shall know it by the spirit that is within ourselves, and may better accomplish it by mixing our spirit with the universal spirit.

This is the condition that each one must seek to create within his own soul, for it is the power of the spirit that moves all things, and even though we may fail to recognize it, we are only dealing with the outside expression of its power.

* * *

Will is Spirit in Motion, and in it is the Power of Creation.

Will is spirit in motion, the essence of our being, and in it is the power of creation. It is the mover and builder of all forms in the Universe. The average mind can have no conception higher than this spirit manifested as will. It is universal as the Sun's rays, pouring down upon the earth. The great life pouring forth upon our physical globe, has within it the whole of what it is to be for spirit is matter or substance and in it are contained all the elements of positive and negative force.

This force, operating in different directions, forms the cross of matter upon which all manifestation shall take place, and in this the dual aspect of spirit matter offers all the opportunities of manifested life.

Here the atom and the molecule exhibit all the varieties of form and expression of what we know of sentient life, each having an affinity, yet an action of its own, out of which is obtained a certain consciousness, for in the spiritual essence is contained all that which is to be and it is only to make this idea clearer, and easier of assimilation, that the great symbology is used to express the truths of being.

It is impossible to realize the full power of spirit, until we are fully self-conscious. The consciousness preserves in memory but the shapes and forms are destroyed or become changed when a

new condition is required or desired. Thus we see the cross set in motion repeatedly changes its aspects, though, as we have seen, everything comes from this spirit symbolized by the Sun in which we have a physical representation of the Logos who created the Universe.

Naturally, then, everything is in reality One, and that Oneness is the spirit essence of the All. Therefore potentially we are of the Infinite, and are Infinite within ourselves.

The intellect can scarcely realize this truth, and only when we feel it are we self-conscious throughout. Mentally we may picture it to ourselves, dimly we may feel it, though to fully realize it is to rise beyond our physical expressions and look farther back of the symbology.

Death hath no power the immortal soul
to stay
That, when its present body turns to
clay,
Seeks a fresh home, and with unlesened
might
Inspires a fresh frame with life and light.

In *The Outlook* of Saturday, December 21st, appeared an interesting editorial entitled "The Reply of the Modernists; a Candid and Courageous Document." The *Outlook* takes the position that the fact that the Vatican has issued a decree condemning as a mortal sin the buying, selling or keeping of this "reply," will prove the best possible popular advertisement of the "reply." "That immobility may triumph in the organization is possible. If so its victory will be fatal to the church. Incurable paralysis can end only in death."

The brave and loyal men of the Catholic church who have dared to answer the Pope's encyclical giving their reasons for the stand taken by them, are to be congratulated. They are in the great tidal wave of evolution, and all the edicts the Pope may issue against the principles they stand for will not stem its advance. We venture the prediction that within a few years the ideas advocated by the modernists will be absorbed by that church, and when that time comes this encyclical issued by Pope Pius X.

will be looked upon as on a parity with the Papal Bull against the comet. THE STELLAR RAY desires to emphasize the fact that it is a friend to the Catholic church, believing that it holds within its folds many of the brightest and most advanced thinkers of the age, who are in sympathy with every movement which has for its purpose the uplifting of the race. It believes with the modernists that "the church and community can no longer meet each other on the basis of mentality prevalent at the Council of Trent;" that "they cannot understand each other through the medium of a mediæval language."



Modern Interpretations of Scripture

(Continued.)

"Wherever the Lord is mentioned in the narrations of the movements of his chosen people, the Israelites, the word used should be Jehovah, who was the God or Guide of the Israelites, an individual, personal being interested in the success and growth of his own people."

No child should be taught that the word of the God of Abraham, Isaac and Jacob was the word of God the Almighty, Omniscient Father of the Universe as we realize that universe today, or God the Father as taught by Jesus.

Take the account of the life of Abraham as given in Genesis. After reading carefully the 16th chapter of Genesis, one wonders that the "Lord" gave his sole attention to a man capable of actions which, if repeated in the present day, would not be tolerated. Abraham's treatment of Hagar and her child might be expected of an uneducated savage, but not from one upon such good terms with a being whom Christians are called upon to reverence and worship as omniscient, omnipresent and holy. These are not manifestations of the great infinite principle direct, but through the writings of men whose minds were tainted with impure and immoral qualities. "Jehovah" was the God only of Israel, whom generations have been taught to look upon as the Creator's

chosen people, to the exclusion of all other nations. Nations who were more intelligent and humane than the Israelites were murdered, robbed and tortured that the "chosen people" should have fine purple, scarlet and linen. That they might build an altar upon which should be slaughtered innocent animals, while they danced to music and held in their hands the parts of their victims, to "shake them before the Mercy Seat unto the Lord," a ceremony called the "wave offering." The priests painted themselves with blood, and it was sprinkled over the altar. These brutal practices were not confined to animals, but human beings who stood in their way were ruthlessly slaughtered under the cunning direction of their God Jehovah, their former chief, who was guiding them in the old traditions of the race. As a fitting climax to these bloody horrors comes the myth of a crucified human being, as a Savior of the world, that all might be washed in his blood and be saved from sin.

It is not to be wondered at that minds became unbalanced in striving to reverence and comprehend such false conceptions of love and sacrifice and that human beings take the lives of their fellows or commit barbarities similar to those that were supposed to be in accordance with the commands of a holy all-wise Father.

It is time that certain portions of the scriptures should be given their true place as records of a crude uncivilized people gathered from legends handed down from one generation to another, and later from manuscripts variously translated according to the conceptions of the translators.

It is not in any sense the purpose of these articles to question a single truth embodied in these scriptures. We do, however, seek to make clear to reasonable minds that the Bible writings above referred to are records of religious ceremonials that were sacred to priests and leaders of long ago. They reveal the truth of their undeveloped state through their material, brutal ideals. Such records are valuable, for they

show that wherever similar misconceptions are treasured as sacred and infallible there may be found bigotry, materialism and crude dogmatism. They are valuable because in the wanderings of a people through a wilderness of experience may be traced the struggle for spiritual achievement.

However, their fetish worship, as veritable words and commands of the Creator of the Universe, has kept the mind in darkness. While the Christian Church has claimed to stand for the Christ principal of love and peace, it has still clung to the old spirit of tribal supremacy. She still follows the ideals of the savage tribes of Israel in holding up the bleeding Lamb of God, a barbarous symbol of a savage age, as a means of attaining eternal life.

Christianity has accomplished much for humanity, not because of such errors, but in spite of them, for it has held a little leaven of the Christ spirit which is destined to leaven the whole of the human race.

Why should not this view be considered rationally and in accordance with the knowledge and experience of the twentieth century, and a contrast drawn between the Jehovah or guide of that barbarous people in comparison with Our Father in Heaven to whom Jesus taught us to pray?

"When the outlook is not good,
try The Uplook."

* * *

The Mystery of Christian Science.

Speaking of Christian Science, one must admit that the world is better for its teaching; is better for Mrs. Eddy having lived in it. The following incident came under the notice of the writer a few days ago. It was the relation of the following experience: A worthy citizen of Iowa some years ago was denied life insurance because of heart disease. His case indicated a leakage of the mitral valve, causing enlargement of the heart, and he was subject to occasional faints. He was given no hope of recovery by physicians. His wife, how-

ever, was a Christian Scientist and he consented to take their treatment, after which he proclaimed that he was cured, and has acted and felt like a well man ever since. Quite recently he was examined by an examining physician of a large insurance company, a physician of wide experience and unusual ability, who found the same physical condition existing—that is, the leaking heart, etc.—but it was not causing the man any inconvenience or discomfort, and his health was seemingly good.

He was absolutely uncured, but was wholly unconscious of his malady, and the labored beating of his heart. Such a case, if there was but one in the world, would reflect honor and glory upon any system of reasoning or any form of faith that could produce it. No doubt there are countless numbers of them.

A power to ignore sickness, pain, misery of any kind, is something to seek after in this world of discord; it but verifies again the verity that "as a man thinketh in his heart so is he."



Cheer, Joy, Courage.

These are good days. There is nought to fear, love enfolds you. Rest your being in deep serenity on the law of love.

Breathe deep many times each day, mentally saying joy, joy, joy. Let the words sing through your mind and they will generate happiness. While partaking of food think the word joyfulness, permitting your mind to furnish superior aid to digestion by supplying a vitalizing essence which, combined with the digestive fluids, permeates the tissues of your body with health and cheer, which in turn build courage and masterfulness, and these accomplish great deeds.

* On another page of this issue will be found an extract from a lecture delivered by Sir Oliver Lodge, which is replete with crystalized thought concerning immortality. Sir Oliver Lodge, together with Sir Wm. Crooks, W. W. Wallace, Camille Flammarion and hosts of eminent scientists who stand in the front rank in other lines of research,

seem to have demonstrated beyond question to their own reason the fact that if a man die he shall surely live again. Many other scientific minds are also convinced but lack the courage of these leaders to proclaim the fact, and help give the truth to the world.

Following we quote from the December number of *The World Today*. This magazine is Optimistic, also sound and conservative in its policy, and deserving of its wide circulation and popularity. The following data is entirely reliable and is an encouraging indication that the people are coming to realize that in licensing the manufacture and sale of intoxicants they are adding to their degenerate, irresponsible and criminal classes, and that any revenue realized is in no way commensurate with the cost of caring for its results, aside from the suffering inflicted upon innocent children and helpless women. When a people recognizes the law of cause and effect and proceeds to remove the cause rather than to punish or remedy the effect, that people is steering straight out into the clear channel of progress.

The World Today says: "The growing sentiment in favor of prohibition has been emphatically demonstrated in the recent elections. In Illinois, where the local option bill gave the people in country towns and districts the privilege of expressing their preference, out of fifty-eight precincts in certain counties fifty-two voted to become anti-saloon territory, and that will close the doors of seventy-one saloons. In eighteen counties under precinct organization 220 saloons out of 339 will have to give up business. To the ten "dry" counties already existing in Illinois, five others have been added. There are now fifty thousand square miles of prohibition territory in this state. In Delaware prohibition won in two out of the four dis-

tricts. In Kentucky the defeat of Judge Hager, the Democratic candidate for governor, was occasioned by the verification of a rumor that he had secretly made an alliance with the brewers and whisky dealers not to sign further prohibition bills. Mississippi also favored this issue, and it received strong endorsement in Ohio and New Jersey. Local prohibition candidates won in Pennsylvania."

* * *

The Humdrum Life.

We quote below from the editor of *The Delineator*, who calls attention to the marvels of beauty through which the so-called *Humdrum Life* is passed. Do not fail to read the following:

In the midst of a very humdrum existence it is a common thing to hear complainings.

Let us see. Suppose it is a little house we have. Suppose it is a small salary we live on. Suppose we are far away from what seems the center or rush of life. We are still possessors of, or rather central factors in, the movement and display of wonders, which the more they are looked at the more astounding they seem.

Take the glass of water in your hand—the mysterious fluid you are about to drink,—do you know what it is? Do you ever stop to think where it came from? This is a strange world and you may have the idea that because you know this thing is called water you have a clear understanding of it. Profounder thinkers than you have pondered over this peculiar fluid. Its significance is lost in mystery. Oxygen and hydrogen, they say, compose it. Do you know what they are? Names merely; yet when the average scientist tells you this much—that water is composed of oxygen and hydrogen, he thinks he has told you much. He has told you nothing at all. It is a strange substance flowing around the world,—in your well today, in your sky tomorrow shining as a cloud—in your body, in your brother's body, in the sea, always the same and

always different—unknown, unexplained, mysterious.

And this piece of bread you are about to eat—do you know what that is? From what far fields did it come? From what depths were its chemical contents drawn? They handle it to and fro in bags; long trains are moving it in the night, as mysterious in their energy as this wheat when it grew, distributing it to you and me. You understand, though, that that is no answer either. It is deep-laid in insoluble mystery. The light of the sun; the peculiar influence of the earth; all the strange substances of sky and water are doing something to make it seem what it is. It is only another of the manifold wonders with which you are surrounded.

And let us take yourself. You think you are easily enough explained. Dear, dear! such a humdrum, work-a-day person as yourself; and yet, strange to relate, all the vast mysteries of life are ministering to you. Before we come to you proper, there are the earth, the sky, the trees, the flowers, the fruit and the grains ministering to you and complicating your personality, and then we come to you.

Humdrum? Let us see. You have a thing called a heart. Do you know anything about that? Do you know why it beats? You have a thing called a brain. Do you know anything about that? Giant minds, the world over, are thinking about the kind of wonders you have in you,—your blood, your liver, your nerves, your arteries, your stomach. They are looking at them or parts of them through a microscope. They are studying and pondering them daily in connection with vegetables and minerals. Astonishing reputations have been made by men who have only tried to find out about your eyes or your ears. They have led great solemn, kindly, pathetic lives thinking about one little part of you—and you think you are commonplace!

The world in which you live, dwelling let us say in a small rain-beaten house, is a wonderful world. The num-

ber of wonders is so great as to rival the sands of the sea.

Not simple nor commonplace are any of the things connected with you, but amazing, complicated and mysterious. You cannot be commonplace and still know the things of which you are made. You cannot be humdrum and realize that the life you lead is the one unsolvable mystery.

The attention of our readers is called to THE STELLAR RAY Book Department, which contains a partial description of a great work, "The Science and Key of Life." We ask them to read the abbreviated contents and note the subjects of vital importance treated. Thoughtful minds cannot fail to be interested, and will realize that any description of the work is necessarily inadequate; also that such a work should be read to be appreciated. The publisher of "The Science and Key of Life" feels that it is incumbent upon him to invite special attention to this work, for its teachings are uplifting and ennobling. New scientific light is thrown upon the questions of existence and ways are revealed by which the individual life course may be turned away from error, the natural adaptations followed, and the inherent genius in each life brought into free expression. The work consists of five volumes, which are sold separately, for while treating of the one vast subject, separate volumes may be read and studied with great interest and profit. THE STELLAR RAY will cheerfully answer any inquiries regarding this important work.



Breathe With Your Mind.

THE STELLAR RAY has made frequent reference to the importance of proper breathing in maintaining health and developing the higher faculties.

We call attention to an article in the January issue of THE STELLAR RAY, entitled "Physiology of the Human Body," on page 274 (January number), which contains an interesting description of

the circulatory system, showing how the blood comes coursing back, with the impurities it has gathered from bathing the entire mechanism of the body, back to the lungs to be freed of its poisons by coming in contact with the oxygen of the air, the life-giving force which changes the dark, impure blood into bright red. The article alluded to shows clearly that unless the lungs are saturated with pure air they must carry back again into the system some of the impurities. In other words, nature has provided a marvelous system by which the blood may be kept pure, which means health of body, clearness of mind and constantly developing powers, for it is natural to grow. There are cells in the human brain that act only when the blood is thoroughly oxygenized and charged with the magnetism of mentality.

The breath and the mind acting in unison form a subtle force which is able to change a sick body into a well one or vice versa; a weak will into a strong one or the reverse; an unsuccessful individuality into one in which are embodied the elements of success. There are marvelous possibilities lying dormant through the improper use of the God-given faculties of mankind. Breathe deep and realize mentally that you are breathing health for your body, clear perception for your mind, and courage and strength for your soul.

To the New Thought individual, "nothing happens," but everything is by natural law. They no longer "fear," for they have learned that there is nothing in all the world of which they need to be afraid; they are always happy, for they have made contact with the universal joy; they are free, for, to them, there is neither condemnation nor resistance; they are never sick, poor, nor unsuccessful, for they know that all around them there is a **Divine opulence of** wealth, health and love, and that lack in any form is only the signal of a soul astray from universal union; the supply

and possession only depend upon their own consciousness.

Those who come into this soul wisdom walk on undisturbed through all the changing conditions of life; they are led by the Spirit; their life is lifted above the plane of competition, and placed in its own normal atmosphere in the line of Divine transference. The impulses of the ordinary world desert them; they are born again on the planes of the higher consciousness, and possess an extended vision which encompasses the whole of the universe.

Scientifically, New Thought teaches the physician of the future to be a well-graduated metaphysician, and the metaphysician of the future will never stop until he is a fully qualified physician, as far as his knowledge of science and physical laws are concerned.—Copyrighted by *Julia Seaton Sears, M. D.*

* * *

The Farmers of America.

"The farmers of America have become quite an independent factor in business, and they are not now subject to the vicissitudes of general trade as they used to be.

"Notwithstanding that prices of stocks and bonds may go down, factories may close on account of the inability to secure money for operating, and even banks may hedge against withdrawal of funds, the farmers have the necessities of life, and they are selling them, or will sell them at prices largely of their own making; thus the income to the farmers will be steady and they will probably make more money out of the 1907 crops than out of the crops of any former year. * * * All crops are bringing comparatively high prices, therefore farmers will have, this year and in the future, money to buy what they need to an extent greater than before, and their business that they may withhold today will come tomorrow."

The above is quoted from J. A. Everitt, editor of *Up-to-Date Farming*, Indianapolis, Ind.

We call attention to our special free trial subscription offer in the advertising section of this issue.

* * *

Benjamin Hart's Experience.

(Continued.)

The automobile glided into a broad avenue arched with sycamore trees, and the two men stepped upon a granite terrace surrounding the entrance to Benjamin Hart's palatial residence. As they were ascending the flight of marble steps, the Englishman paused to admire the emblematical figures of hospitality exquisitely sculptured in marble, standing at each side of the spacious entrance. Mr. Hart said "a friend in Florence—a sculptor—suggested this idea instead of the conventional couchant lions, mounted knight, or a guard in armor, and we adopted it. The work is that of an American and creditable we think." The massive door swung open, an attendant relieved them of coats and hats and they entered the library. The Hart library was the admiration of "select" New York society. Books, thousands of them—temptingly within reach in clusters of book cases, conveniently arranged, forming inviting recesses, in which were luxurious chairs, divans and tables, beneath over hanging lights, delightfully subdued and yet so skillfully focused that the pages of an open book seemed to gather clearness and brilliancy.

George Ludlow remarked, "you Americans lead the world in the art of imparting homelike comfort to humble cottage or to the interior of a palatial pile."

The friends then passed out into the dining room, and after a rational repast, in keeping with the intelligence and good taste—evinced by their surroundings, Benjamin Hart led the way to his private den. Seated comfortably beside the open fire they lighted their cigars in meditative silence. After a few moments Benjamin remarked, "I think, George, this is a fitting time for me to outline my plan regarding the investment you fellows authorized me to make, according to my own judgment, for the mutual

benefit of all concerned." While he was speaking he noticed that the Englishman seemed to be listening to some distant sound, and upon being asked what he heard replied. "It is not what I can define as actual sound, and yet it is a consciousness of some one approaching; it is interesting to me, and some day I hope to have it explained. In a number of instances I have had my attention diverted from some movement or decision I was about to make—and then I would decide to act quite differently. After you have described the plan of action alluded to I will give you some of the instances which I recall."

"You interest me very much George," said his host, "I—" he ceased speaking, his face lighted with pleased surprise and he said, "O! Tom! your coming is most opportune! here is George Ludlow, your fellow traveler and companion in Africa, we are delighted to have you here." Ludlow glanced at his friend Hart in amazement, which increased when he saw him draw a third chair to the fire side. Just then however he heard or "seemed to hear the presence of a voice" as he afterwards described it, saying "I am glad to come, very glad dear friends. Your thoughts called me to you this afternoon when you first met, but I have not been able to let you know that I was present until now. George, you hear but cannot see me, while Benjamin both hears and sees. These harmonious conditions may be disturbed at any moment, and I will give you my message at once. It is this: In promoting the movement toward improving that property out near Central Park, be sure that you are all harmonious in the purpose to deal with every phase of its development with open minded and open handed liberality, beginning with the land owners from whom you will purchase; compute always a fair profit for all concerned, and, should curtailment at any time be found necessary it is important that the interest of all be considered, in other words, do not use the time worn method of reducing expense at the wrong end of the line, as for example, discharging those dependent upon their wages for food and shelter—

that the dividend among the owners may remain intact.

"When you present your plan, Benjamin, which I have followed with interest and approval, you must insist upon the exclusion of any motive but that of benefit for all concerned, from the frail motherless children to the most powerful stockholder in the enterprise. If you will emphasize the word all in your purpose and will act in scrupulous obedience to it my friends you will be not only surprised, but astounded at the results. Try to comprehend that this is practicality pure and simple. Mundane methods are to fortify wealth and influence at the enormous cost of suffering by the masses.

"Benjamin Hart and George Ludlow, hear my words of solemn warning, an enterprise, like a chain, is no stronger than its weakest link and if its purpose does not embody a firm hold upon its dependencies and responsibilities through all of its parts it is only so strong as its weakest point.

"It has come to be my privilege to try to arouse the intelligence of my fellows to the great practical fact that"—The gentle forceful vibrations ceased. Benjamin glanced toward the speaker to see but a faint glow of white light where he had just been standing, then turning to Ludlow he noticed the attentive listening expression of his face and said, "he has gone George—there was a jar in the conditions for he left us in the midst of a sentence."

Just then the sound of voices and hurried footfalls reached them and Mrs. Hart and their young son entered the room, followed by a servant smiling in anticipation of his master's surprise at the unexpected return of his wife and son from Atlantic City.

(To be continued.)

It was the Christian trader who taught the Chinese to smoke opium. It is almost wholly within the past half century that the growth and production of the most insidious of drugs has swept over the Chinese empire, until now the poppy is grown in every province. China's steady and, at times, desperate

resistance to the aggressions of the opium traders forms the one consistent thread in the inexplicable tangle of Chinese diplomacy. But the Christian trade, backed by Christian cannon, was irresistible; the Indian drug was forced in; the development of the native drug followed, until today the imperial Chinese government estimates the number of confirmed opium smokers within the empire at three-tenths to four-tenths of the total population. China, like the Congo, has fallen helpless before Christian greed.—*Success Magazine*.

* * *

Death Does Not End Life.

On a recent date, at the Midland Institute, London, England, Sir Oliver Lodge delivered a lecture explaining his interesting philosophy of life and his belief in certain psychological phenomena. In speaking of immortality he said:

"Death merely marks the end of certain groupings of physical materials. Consciousness, honor, will, love and admiration are stamped with immortality and will not drop into nothingness."

Part of the evidence of personal immortality consisted of psychological manifestations, such as when one mind appeared to act upon another at a distance.

Telepathy, or clairvoyance, he declared, must be regarded as having practically established certain facts too numerous and too well authenticated to be doubted, but this science was still in the rudimentary stage.

"We would be clearly wrong," said the lecturer, "in assuming that all automatic messages are not of a genuine character. To say that spiritual manifestations are futile and inappropriate is quite untrue. Such a statement is only to be made by persons not acquainted with the facts. The fact that the higher faculties of the soul have no special sphere of employment in the struggle for existence appears to suggest the coming of a fuller and larger existence. Possibly those high faculties, which now seem incongruous and inconvenient, may ultimately be found to be nearer the heart of things

than faculties better suited to this world. It is the duty of science to examine even into the domain of religion. The intentions of the Creator of the universe are not going to be frustrated by the efforts of his creatures."

* * *

A Good Inheritance.

No boy, or girl, can ever come to be utterly bad who remembers only love and tenderness and unselfishness and sweetness as associated with father and mother in the old-time home. Give them manly and womanly example, give them training, give them the inspiration of devoted lives, give them these higher, deeper things. Do not care so much as to whether you are accumulating money, so that you can leave them a fortune. I really believe that the chances are against that's being a blessing for a boy. But leave them an accumulated fortune of memories and inspirations and examples and hopes, so that they are rich in brain and heart and soul and service. Then, if you happen to leave them the fortune besides, if they have all these, the fortune will be shorn of its possibilities of evil, and will become an instrument of higher and nobler good,

—Minot J. Savage.

The one idea must take possession of us, and that as the result of experience and realization. The idea of service to humanity and the One Eternal, will help on the evolution of the race. We are all sons of God. We are all free-born. Wisdom is born of experience, and experience is our only teacher. We can realize the Divine mind only when our own individual mind has expanded beyond the limitations of self. To be unselfish is to be entirely free and unlimited.

STELLAR SCIENCE

The Guiding Star.

When coming down from the cosmic side of matter to the human, we find that each horoscope is different; the degrees of the Zodiac are changed and the planets' places are varied. Why is this difference? Simply because each soul is different and each ego requires a different experience for its unfoldment. The planetary influences will ever affect the temporary form, the physical body, the etheric body and the astral body; but there is back of all this, an astrology applicable to the immortal soul, though it is not the same influence from the planets to which the gross material responds.

There is a star under which every human soul comes into physical expression, and will ever remain the guiding star throughout all time, though this is not the astrological star. The true ego is so completely beyond the material plane of our existence, that the individual himself must be wholly unaffected by the influence of the stars as he may understand them, from the science of astrology, as applied to the physical manifestation; the stars having to do with his limitations in matter, and representing his present expression in matter, his limitations and environment, and the character he is expressing; these four in manifestation and the three, or triad out of it, form a septenary unit which is comparable with the seven sacred planets, the seven vibrations or sounds, and many other series of seven throughout nature.

Let us consider for a moment how the planetary influences affect humanity. There is pouring out over the universe all kinds of vibratory forces, and just according to the kind and quality of matter vibrating in each astral and etheric form, will be awakened corresponding vibrations in harmony with these different vibratory forces. There are countless millions of vibrations going on at this moment of which humanity are utterly unconscious, as there does not exist

in their matter forms that finer matter which can transmit those finer vibrations, and the condition of matter which humanity has builded by past manifestations in their descent into matter, determines to what degree or intensity we shall come under the lower Moon, Mars, Venus expression and respond to their vibration. To be sure this will be shown by referring to the natal chart, and observing the position of these planets, and the sign or signs having rule over the individuality, character, etc., and for those who come under these lower influences there is relief, as we must keep in mind that those planetary influences impel, but do not compel.

The stars are not causes in the true sense; they are the judges, the warders of what the individual earns in good or so-called evil, and just in accordance with what we have done, or in the manifestation of the ego, so are the conditions, as the quality of matter in which we are working. These limitations constitute our schooling.

It is really the man's or woman's vehicle through which they are expressing themselves, that creates the fate and limitations. It is the fate that we ourselves have sown, and if we would have a different condition in the next expression, we must set to work diligently to build by pure thoughts and pure feelings, finer and purer astral, and ethereal vehicles for expression. Thus we may say, when do we get beyond these planetary influences, these vibrations on the matter plane? When mankind has fully overcome the lower desire-nature and has his mind fully under control, there comes a time in his evolution when he is ready to become a pure instrument for the divine Infinite Spirit. When he has merged his will in the will of the Infinite, and has only the will of the Divinity manifesting through him, he has broken the fetters of desire, not only physically but mentally and spiritually.

The Stellar Ray is in a position to furnish excellent horoscopal readings.

A good horoscope should be of special value to parents in the care and education of their children.

To the young in choosing their vocations in life.

To forestall grave business blunders, also errors in forming uncongenial marriages.

Those of our readers who are interested in the subject will find two full pages in the advertising department of this issue, giving particulars regarding The Stellar Ray Horoscopes.

A knowledge of the effect of planetary influence is an absolute necessity before the medical profession reaches its acme of success in the treatment of the diseases to which the human family are subject, and an understanding of astrophysiology, of which physicians are to-day ignorant, will reveal important scientific facts by which a proper diagnosis of any case will point with unfailing accuracy to the location of the malady and reveal its cause, together with proper treatment to produce a cure.

* * *

The Causes and Effects of the Planets Upon the Physical Body, Relative to Health.

It is certain that to be healthy is to be whole or complete, and possessed of a sound body. This is often denied the spirit in its entrance to the mortal sheath; then often this body comes to be out of tune with the natural forces, caused by an unbalanced, inharmonious mind. Of this we may be sure, that in a healthy mind we can look for a sound body, and unless the mind is in the proper condition, the functions of the body cannot act properly. These conditions are to be traced from an astrological standpoint, due to the fact that Mercury is the ruler of the mind, and has control in the sixth house, the house of

sickness, and we will now give some attention to judging the strength of the body, its weakness and ills.

In the first place we are in ourselves an epitome of the universe, each part corresponding to a part of the solar system. In this wise, throughout the twelve signs of the Zodiac, Aries governs the head and face; Taurus the neck and throat, Gemini the arms, shoulders and lungs; Cancer the breasts, stomach and chest; Leo the heart, back and spine; Virgo the bowels; Libra the reins, loins and kidneys; Scorpio the generative organs and secret parts; Sagittarius the hips and thighs; Capricorn the knees; Aquarius the limbs and ankles; Pisces the feet and toes. The internal government of the body, according to the signs, may be classified as follows: The Cardinal signs, that is, Aries, Cancer, Libra and Capricorn, which constitute the radical signs upon the angles, rule the head, stomach, ovaries, reins, liver and skin. The fixed signs, Taurus, Leo, Scorpio and Aquarius rule the throat, heart, generative system, kidneys and blood; the common signs, Gemini, Virgo, Sagittarius and Pisces, rule the lungs, bowels, nervous system and matrix. Thus the signs are concerned chiefly with the anatomy of the body, upon which the markings or results are indicated, and affect the external parts of the structure, while the planets govern the internal or root of the affections, being the cause. The Sun governs the heart, back and all the vital springs and centres, also the right eye. The Sun rules over the most vital parts of the body; the Moon rules the breast, stomach, the lymph and the fluidic system, controlling chiefly the functional parts of the body, and the left eye, while Mercury governs the hands, arms, tongue, brain, bowels, lungs and mouth, as well as the nerve systems, or all that which is most concerned with movement and motion.

Venus governs the throat, reins, ovaries, chin, cheeks and venous system; also the internal generative system. Mars governs the forehead, nose, sex functions, gall, kidney and sinews, as

well as the whole muscular system. Saturn rules the bones, joints, liver and spleen; and Urania governs the magnetic aura and the nerve fluids.

In considering the nature of disease and ill health, it is well to know that Saturn binds and contracts, bringing colds and limited conditions. These Saturn ailments will be caused by colds; on the other hand, Mars is expansive, hot and inflammatory, producing fevers, burnings, etc.

* * *

The Etheric Worlds Surrounding the Earth.

It is generally understood that there is a substance known as ether pervading all space. This substance may be subdivided into various states of refinement, both visible and invisible. There are planets existing in this solar system which are invisible to the ordinary physical sight, for the gaseous condition of matter is not visible to ordinary sight.

It is not, however, difficult to conceive of great volumes of gaseous matter held together by affinity and condensation, in which certain forms of life can exist as on any other plane of matter.

It is also possible for a world of ether to float in space containing its own inhabitants, and existing under conditions which it is almost impossible to imagine. It can be perceived that the great ocean is a world to the fish, impossible as it would be for you to find existence under such conditions.

The form of the fish is adapted to the life of its environment. Therefore given the right form or vehicle, it would be possible for a human being to exist and be conscious under conditions varying from the present, and it is essential to realize this before we may comprehend that there are other planets in space beside these physical worlds and globes that may be perceived by physical sight.

We learn by study of the nebular theory that the vast space which this solar system now occupies, once contained aggregations of highly attenuated

matter, which, cooling and contracting, formed the condensed rings known as globes, and, accepting this hypothesis and taking the facts as they stand, we shall be able to think of each globe as being more or less dense and solid—that is, as solids are generally understood. About these globes are layers or belts of matter in a finer and less solid state.

These belts of matter are differently named by occult students and correspond to the worlds that are finer in substance than the matter of this physical globe, ranging from the gross physical to the almost inconceivable state of finest rarified substance. The globe which we at this present time inhabit is the center of seven worlds which go to make up what is known as a planetary chain, and this solar system contains seven of these planetary chains, each working out its own special evolution in harmony with the whole.—*Science and Key of Life.*

* * *

The Gospel of the Stars.

By Coulson Turnbull.

Ages ago, man discovered his heart needed a nobler language than mere words, and his love desired to encircle something grander and vaster than our little planet, likewise his soul could not be content with its boundaries, unless such boundaries include the universe. There is nothing so profound in human knowledge as the philosophy of the past which aimed to apprehend the supreme truths of existence, and satisfy alike the heart's love, and the soul's aspiration. The language of that philosophy in myth, and symbol, and star, told the story of the universe, and in its telling the history and mission of the soul unfolded itself.

Such undoubted proofs of a mystic knowledge cannot be denied when one studies the venerable and profound writings of Greece, Chaldea, India and Egypt. The immense intellectual power, the profound scientific knowledge, and great wisdom have scarcely been equaled even in our present era.

Did an early human race once live,

ask the dwellers in sense, who desired to aid a later humanity in finding the unit of all things?

Did such a race see a time in the future when man's spiritual eye would be opened, and his ear listen to the silent soul? Did those ancient masters prophetically see an infant humanity arising who would desire a language that should link together the intuition and the intellect?

Whatever the answer, they have left us a key by which to enter the temple of wisdom, to worship at the altar of the universe, and that key is in the knowing the geometry of the heavens and myriads of worlds, and from the world proceed the myriads of living creatures, slowly evolving from finite sense to grand and yet grander intelligence, until man sees a first flash of the eternal principles at work in and around him, and is intoxicated with its indescribable beauty.

He sees the vital principle of the universe to be thought, passion, aspiration, back to unity.

The same order exists everywhere, the same system—unity governing variety. As the eye of man first strains to distant fields of nebulae, or to the immensity of worlds overhead, he perceives each system to be alike in virtue and oneness; each system of worlds moved, repelled or attracted by the infinite, eternal passion. Each turns in its own center and moves in a spiral towards the center of the whole, where rests the altar of the universe.

It is a transcendent fact that in everything is the same imprint of harmony, proportion and color. * * *

The gospel of the celestial planisphere tells us much that man desires to know, and these truths tend peculiarly to enlarge our view of nature, and the workings of divine law. The study banishes superstition, imparts to us a knowledge of the structure of worlds, the real extent and magnificence of the universe and the majestic rank held by man in this glorious infiniverse.

This starry gospel gives to man a

knowledge of his mystic being, and makes known the basic principles of scientific prophecy. That which was held to be a superstition, is now seen to be the wise and beneficent law of the great Artificer.

We measure time by the rotation and revolution of worlds, but time is known only by a succession of ideas, and succession of ideas imply change. Changing life is growing life. In the large view of the immense worlds around us, and the vast epochs and countless ages that have passed, we behold man began his generation but yesterday. It is only yesterday that the perturbations of human passions subsided, and, in this first calm and peace, man has studied his being and his nearness to the perfect whole.

His grosser perceptions are now being replaced by finer and more suitable senses—not mysterious, but spiritual. These higher faculties are awakened never to sleep again. Through these superior powers he sees that all the outer worlds are harmoniously connected, and that these circling worlds are progressing and with them man's moral, intellectual and spiritual nature is intertwined in their mazy revolutions.



A Prophecy of Nostradamus.

According to the English astrologers, it seems that one of the couplets in the last quaternion of the prophecies of Nostradamus, the French astrologer and seer of the sixteenth century, may be translated so as to read that "when the Sun joins Saturn in water the mullets will grow fat on the corpses thrown overboard in the naval battles." The "mullets" mean simply fish in French. From the position of this verse in the divisions of the works of Nostradamus it could only apply in the years 1906, 1907 and 1908. In 1906 the conjunction was in the sixth degree of Pisces and in 1907 it was in the eighteenth degree of Pisces. In 1908 the conjunction of Sun and Saturn occurs in 0° 13' Aries, being only 13' of arc from the last degree of a wa-

well as the whole muscular system. Saturn rules the bones, joints, liver and spleen; and Urania governs the magnetic aura and the nerve fluids.

In considering the nature of disease and ill health, it is well to know that Saturn binds and contracts, bringing colds and limited conditions. These Saturn ailments will be caused by colds; on the other hand, Mars is expansive, hot and inflammatory, producing fevers, burnings, etc.

* * *

The Etheric Worlds Surrounding the Earth.

It is generally understood that there is a substance known as ether pervading all space. This substance may be subdivided into various states of refinement, both visible and invisible. There are planets existing in this solar system which are invisible to the ordinary physical sight, for the gaseous condition of matter is not visible to ordinary sight.

It is not, however, difficult to conceive of great volumes of gaseous matter held together by affinity and condensation, in which certain forms of life can exist as on any other plane of matter.

It is also possible for a world of ether to float in space containing its own inhabitants, and existing under conditions which it is almost impossible to imagine. It can be perceived that the great ocean is a world to the fish, impossible as it would be for you to find existence under such conditions.

The form of the fish is adapted to the life of its environment. Therefore given the right form or vehicle, it would be possible for a human being to exist and be conscious under conditions varying from the present, and it is essential to realize this before we may comprehend that there are other planets in space beside these physical worlds and globes that may be perceived by physical sight.

We learn by study of the nebular theory that the vast space which this solar system now occupies, once contained aggregations of highly attenuated

matter, which, cooling and contracting, formed the condensed rings known as globes, and, accepting this hypothesis and taking the facts as they stand, we shall be able to think of each globe as being more or less dense and solid—that is, as solids are generally understood. About these globes are layers or belts of matter in a finer and less solid state.

These belts of matter are differently named by occult students and correspond to the worlds that are finer in substance than the matter of this physical globe, ranging from the gross physical to the almost inconceivable state of finest rarified substance. The globe which we at this present time inhabit is the center of seven worlds which go to make up what is known as a planetary chain, and this solar system contains seven of these planetary chains, each working out its own special evolution in harmony with the whole.—*Science and Key of Life.*

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tery sign, Pisces. It is almost certain that Nostradamus could not have computed the position of this last conjunction to the minute, for he used the Rudolphine tables and they will not give Saturn quite so much longitude as he really has. In Saturn's period of 236 years and 3° deductive in the Rudolphine tables there is a discrepancy of nearly 5° in some cases. This discrepancy would be to make the Rudolphine calculations fall a little short, hence instead of this last conjunction falling in Aries as it does they would make it fall in Pisces. It is quite reasonable to presume that Nostradamus calculated the conjunction of 1908 to fall at about the 26th degree of Pisces. This degree is symbolized by a woman cutting off the head of a sleeping man, by a man in feudal armor and by a lone red flag on a high staff. The 27th degree is the exaltation of Venus and the sign is the triplicity of Mars as day and night governor.

There is much diversity of opinion regarding the quality and character of the seership of Nostradamus, but it seems to be settled on the best authority that he calculated the time for all his visions by the tables of Regiomontanus and Kepler. He seems to have seen an event in a trance state and then calculated its time by the tables then in use among astrologers and astronomers. This seer seems to have witnessed scenes which were of such a character that he could describe them in minute detail, even to the smallest trivialities, and these utterly insignificant trivialities furnished catch-words, puns and jokes for him to use as a basis for the entire eventuality. He certainly hinted most uncomfortably close at most of the greater events that have transpired since his day while apparently detailing some funny and far-fetched "josh" or "jolly-up" as they call it these days. In detailing the war of rebellion in the United States he remarked that the point of the joke was that the very same men who fought each other so fiercely over an indistinct cause and on both sides for a questionable principle, would at the end of it unite in a brotherly embrace and hug, kiss and make up.

We now have battleships that float on the surface of the sea, battle ships that move underneath the surface of the sea and vessels of war that navigate the air above the sea, each one in each brigade connected by wireless telegraphic communication. We have explosives that are sufficiently powerful to kill two thousand men in a battleship at one explosion, guns that can shoot out of sight and destroy a fortification, and we have a mobilizing power at least ten times more efficient than that in the armies used by Cincinnatus.

Why not a naval battle? Why not fatten up the mullets?

L. H. WESTON.

Comets complete the round of their orbits in periods varying from five to 3,000 years. Daniel's comet, which was recently more or less clearly visible, is said to be the most conspicuous object of its kind seen in this latitude for a quarter of a century. The tails of comets always point away from the sun—a fact which astronomers find difficult to explain satisfactorily. It is believed that the earth has already passed more than once through a comet's tail, without that fact being known otherwise than by computation.

* * *

The Science of Astronomy.

Science has enlarged our conception of God by enlarging our conception of the universe. Before science did this, our little world was considered to be in the centre of creation; and it was believed that the sun, moon, and stars revolved around it every twenty-four hours. Our little planet was the most important place which God had created and the Lord was supposed to have this for His chief care. But astronomy came, and showed us that the earth was only one among myriads of planets, the sun only one of many million suns, our world but a speck in the heavens. And so, with our knowledge of the universe, grew our idea of the wisdom and power of the Creator.—*Hubert Grove.*

HEALTH AND HYGIENE

Hope and Health.

"Know, then, whatever cheerful and serene supports the mind, supports the body, too. Hence the most vital movement mortal feels is hope."—*John Armstrong.*

Hope has the power to turn the ebbing tide of life back to health. Hope is more potent than drugs, without its subtle force they may not prove effectual.

These are trite statements. Everyone knows that they are true, and yet there was a time when intelligence first suggested them and progress demanded that they become established facts.

Intelligence has further suggested an investigation as to why physical strength fails when the light of hope dies, and vitality becomes vigorous when it is kept brightly burning.

Research for replies to such inquiries reveals great possibilities latent in the mind and marvels of correlation between all forms of movement or existence.

As applied to the subject of hope and its relations to health, it has been ascertained that certain sound vibrations may become powerful aids in sustaining or inculcating hope, and may be scientifically applied in cases of melancholia and other forms of diseased mind. Colors are found to be remedial also. It is not a difficult, obtruse problem—the vitalizing power of hope over the body. If one guards his thoughts from pessimistic tendencies, he builds a strong fortification against all forms of disease. There was a man who was inclined to the "blues." He yielded to them without restraint, and the habit became a part of his life. He entered upon a business career with the assurance to his friends that it would be his luck to "come out of the little end of the horn," and when some favorable influence brought him a measure of success, he replied to the fact by saying that "it

ought to be many times greater to amount to anything—that it meant nothing." If he received \$100 in remittances, he invariably said, "it ought to be many times that amount." This habit grew upon him.

He, however, met a woman who dared to venture upon a life journey with him, and when he was congratulated, he replied that she was "a good woman, too good to live; that she would soon die and leave him." Slowly but surely the effects began to appear. His presence distressed and depressed his family, his business associates were repelled and disheartened. The family bore it patiently, but the business partners freed themselves from him. Briefly, his cheerless, hopeless mental state poisoned the digestive fluids, and a disease of the brain developed which was called incurable. A physician who had some original ideas regarding the treatment of the human organism when it became ill, was given charge of his case.

Being a resident of an inland state, the patient was taken to a seacoast village in the state of Maine. The room he occupied was bright and cheerful, with rich red and sunny yellow touches of color skillfully arranged to brighten the shadowy corners; the very atmosphere of the room seemed to be impregnated with cheer.

Each day he heard joy-inspiring music composed in the keys of C or G, for they are the tones of the Sun and Mars, vitalizing and beneficial, as are also the colors red and gold. His diet was simple and nourishing—not stimulating. Much time was spent in the open air, invariably pleasantly employed observing or exercising. Frequently brisk walks were taken, always with an object in view, such as to see the great ocean steamer pass a certain point, or to see the children building their sand forts and pyramids, before the tide washed over them—and from these

childish amusements the sick mind became interested in observing nature's marvels of color, of fragrance, of strength, of persistence, and soon smiles came to his face and cheer to his heart. Two years of nature, scientifically wooed, restored the man to health and to years of cheerful activity.

A tendency to gloomy moods and discouragement should be overcome, for they are indications of lurking diseased conditions that are liable to destroy health, and with it happiness and prosperity.

We give below a practice that will aid anyone when depressed, if it is sincerely undertaken. Breathe deep, and say in your mind, "Hope, hope, hope," then "Joy, joy, joy." Repeat the words while eating. Also form a rhythm of the breath and thoughts with the steps when walking, and soon your depression will vanish and life will seem mysteriously brighter.

Dr. J. M. McCormack, a leading member of the American Medical Association, says that a third of the persons—5,700,000 in all—who died or suffered illness last year, might have remained in perfect health had they observed the rules of right and rational living. The doctor thus calls our attention to a species of race suicide as prevalent as any known.

Neglect of self is almost as sure a method of self-murder as the rope, the pistol or the bottle of poison. Criminal negligence each year deprives the world of brain and brawn which it sadly needs for its proper development. Some who die prematurely are the victims of the crimes of others, but many are responsible for their own deaths.

What are you going to do this winter?

Are you going to take a fair amount of outdoor exercise? Are you going to live temperately and soberly? Are you going to maintain a good physical and moral standard? Are you going to take care of that cold?

Do you know that alcohol and lack of

sleep are friends of the pneumonia germ? Do you know that stale and impure food and drink and foul air are likewise able assistants?

Are you going to keep yourself, your house, your office, your factory and your habits clean?

Don't you know that 750,000 persons have died of tuberculosis in the United States in the last four years, most of them because they neglected the laws of health and hygiene?

* * *

Hypnotism, a Help in Suffering.

"Those stubborn people who simply did not believe that such a thing as hypnotism existed have probably slowly died out," writes Professor Münsterberg, in the January McClure's, in an article on "Hypnotism and Crime." He adds: "Every one may agree at least in this: that hypnotism is not without serious consequences, and is therefore certainly not a plaything; and, secondly, that hypnotism is for many nervous and mental disorders a highly effective remedy, when applied by the experienced physician. It has brought and will bring health and, through that, happiness to uncounted sufferers, and therefore it has come to stay."

Professor Münsterberg deprecates, however, that, on the other hand, "the dime novel and, alas! the dollar-and-a-half novel have made full use of this convenient instrument of criminal wonders; and the newspaper public reads, often without any realization of the difference, stories of hypnotic crime which might easily have taken place, by the side of others which are absolutely impossible. There is nowhere a standard, and it may, therefore, be worth while to take a bird's-eye view of the whole field in which hypnotism and crime come, really or supposedly, in contact with each other."

The article is filled with interesting detail of the author's experiments, and also states his own views as to the possibilities of hypnotic suggestion.

CONTRIBUTIONS

The Poetry of the Liberal Faith.

By Rev. Albert R. Fiske.

Poetry is not merely an Art. It is not only the genius to express oneself with euphony and rhythm and rhyme. It is more. It is to man what song is to the bird,—the expressing of inmost joy and life. It is the genius which enables one to give wing to the inner soul longings and aspirations.

R. J. Campbell has truly said, "The greatest poets are the best theologians, for they see the farthest." Then, it is easy for us to understand why Emerson said that he would rather be a poet than a philosopher, preacher or essayist.

The attitude of the poet and prophet is alike today:

"I am sick of the preacher's only strain:
Save your soul, save your soul:
I am tired of hearing forever and aye
That old song from the pulpit roll.

It seems to me like a selfish cry—

This telling a man that the only thing
Of any importance here below

Is saving himself from a future sting.

Far nobler, far better it seems to me

To tell a man to save some other;

To send him up and down through the
world

Seeking and saving his fallen brother."

Likewise, the true poet echoes these words of Ella Wheeler Wilcox:

"Let there be many windows in your
soul,

That all the glory of the universe

May beautify it. Not the narrow pane

Of one poor creed can catch the radiant
rays

That shine from countless sources. Tear
away

The blinds of superstition; let the light

Pour through fair windows broad as

truth itself

And high as God."

It would probably be news to many

in the churches if they were to be told that the poets whom they admire and for whom they name their afternoon literary clubs were out-and-out Liberals, men who were in no sense orthodox or sectarian. Yet such is the case. I might name them at random,—Shakespeare, Tennyson, Browning, Wordsworth.

Behold the great galaxy of American poets,—Emerson, Longfellow, Whittier, Holmes, Lowell, Bryant. None of these were narrow or dogmatic in their theology. Emerson was even too broad for the Unitarians. Bryant shocked the religious world when a mere boy with "Thanatopsis." Whittier sung of "The Eternal Goodness" and confessed that his shoulders were too weak to bear the iron creeds. Longfellow, Holmes, and Lowell were all men of the broadest religious vision and insight, and would have been labeled heretics by a pope or bishop. Yet read their poetry,—it teems with the sublimest religious utterance, truths that echo the faith and the trust of the psalmist.

I should have to seek long among the writings of avowed Liberals to find a stronger, clearer statement of the Liberal faith than is contained in those words of Browning:

"I see my way as birds their trackless
way.

I shall arrive. What time, what circuit
first

I ask not; but unless God send his hail,
Or blinding fire-balls, sleet or stifling
snow,

In some time, his good time, I shall
arrive:

He guides me and the bird. In his good
time.

If I stoop

Into a dark tremendous sea of cloud,
It is but for a time: I press God's lamp
Close to my breast; its splendor soon or
late

Will pierce the gloom: I shall emerge
one day.

Its wiser being good than bad;

Its safer being meek than fierce;
 Its fitter being sane than mad.
 My own hope is, a sun will pierce
 The thickest cloud over earth stretched;
 That, after Last, returns the First,
 Tho' a wide compass round be fetched;
 That what began best, can't end worst,
 Nor what God blest once, prove accurst."

We hear it said nowadays that that Jewish Bible our mothers used to read, is obsolete. Has it ever occurred to you that, between the lids of that book is to be found some of the sublimest poetry of the world, as great as Shakespeare and greater? Yet it is so. The psalmists were poets, and what gems of the poet's art are the 23d and 91st psalms. We might speak also of portions of the prophecies of Isaiah, and too, of the Sermon on the Mount. Has a greater poem ever been written than Paul's 13th chapter of 1st Corinthians? "Tho' I speak with the tongues of men and of angels."

Jesus of Nazareth, that great prophet of God who spoke "as one having authority," was not a theologian, or philosopher, or founder of a church, but was a teacher who spoke because he had a message, and lived as naturally as the birds of the air. His was the poet's temperament. His words are rich in poetic imagery. He lived on the heights, and yet dwelt among men.

The Poetry of the Liberal Faith springs forth in the writings of the Bible prophets and teachers; it bubbles forth from the hearts of the greatest poets of ancient and modern times; it illumines an otherwise dark horizon by sudden flashes of light like unto the mighty forks of lightning that, in the darkness of the night transform the sky into a sea of fire.

The broader outlook upon Life, the truer conception of man, the reasonableness of Faith and Trust,—all this is voiced eloquently and sweetly in the song of the poet. Indeed, we of the Liberal Faith, though not understood by our brethren in many of the churches, though ostracized by them it may be, still are not alone, but have for our friends and companions and inspirers these greatest

minds of the ages who were seers and prophets in verse.



Some Thoughts About Music.

By Italy Hemperly.

Since the time when the morning stars sang together music has played an important part in the development of the inhabitants of this earth.

Music harmonizes and everything that harmonizes tends to produce health and happiness.

And in Bible history we read that the evil spirits departed from that strangely weak and oft-times grand character, King Saul, when David played the harp before him. Thus we learn that music has power to banish evil spirits as well as power to heal and refresh.

The writer once heard ex-Senator Todd relate a beautiful story of how the singing of "Jesus Lover of My Soul" saved the life of a southern soldier. This soldier was on picket duty, and as he tramped back and forth on his lonely watch beneath the midnight stars the silence became oppressive, and he began to sing the beautiful old hymn. Clear and tense his voice floated out in the still night air until he reached the closing lines: "Safe into thy haven guide, Oh receive my soul at last."

Dreams of his faraway home and the longing heart waiting there came rushing o'er his soul and his voice faltered over the last words. Then suddenly from a thicket a few feet away came a rustling sound and once more the singer was the soldier alert, and on guard. Ready to fire, he listened, but the sound did not come again. And once again the soldier began singing to while away the lonely hours of his watch, and no other sound disturbed him until the dawn broke fair and sweet across the waking world.

Many years later, in a southern town, a party of gray-haired veterans were relating stories and experiences of the war between the states. And one of these gray-haired heroes told a story of how he had once been sent out as a spy,

and how as he neared the lines of the southern army he had been stopped by the voice of the soldier on guard singing, "Jesus Lover of My Soul." "Once I raised my gun to fire," he said, "but at that moment from the singer's lips came the words, sweet and clear, 'Other refuge have I none; Hangs my helpless soul on thee.' After that," he continued, "I could not shoot and I listened until that voice melted my soul to tender tears."

The circle around him had grown wonderfully silent and one of the men held out his hand. "I was the soldier who sang," he said simply.

Man's dictionary tells us that music is vocal or instrumental, but the soul's dictionary tells us in the silence there is music far surpassing that we are wont to hear.

When we watch a blossom unfold its heart to the glad light of the morning sun, we do not hear the song of praise and joy it sings, but *feel* it, as we see the blossom look upward to the great orb of life and light. When you think a good and beautiful thought no one hears the vibration, but perhaps many feel it as it reaches outward and onward into infinity.

Music heals because it harmonizes all the faculties, making it impossible for us to feel inharmonious vibrations while we listen. Life itself is music flowing from the Infinite, and when unobstructed keeps the body in perfect health, thus bringing peace and joy. Normal life is joy—the creator meant that it should be so. So let us catch the music of the spheres.

Music brings harmony, and harmony is love—and love is God.



An Interesting Experience.

I have had many experiences of a peculiar character, but the experience that impressed me most occurred on my way to Harper's Ferry, W. Va. I had a wire that my sister was very ill, and desired to see me. I had a clerical ticket to Pittsburg and was told who to call on there to have the courtesy extended, as

it would save me some four dollars. I concluded to secure it if possible. We were nearing Pittsburg early in the morning, and I was as wide awake as I am now while writing this article; a feeling of oppression seized me, then I felt unusually calm, and I heard a voice say: "Brother, do not stop in Pittsburg; go direct through; you will meet me at the church and see me at the graveyard."

I confess I did not know what to think, but I was not asleep. While wondering over the strange message we ran into Pittsburg. I went to the depot, bought my ticket, not waiting for any clerical courtesy. On reaching Harper's Ferry an old friend, George Marcotte, the operator, met me. He told me my sister was dead, and the train being late I would miss the first part of the services, but would likely reach them before they left the house. I was driven up the hill, and met the funeral procession at the church gate, the coffin just about to be lifted from the hearse. When in the church, Mr. Nichols, my brother-in-law, turned and said: "Sister did not want her coffin opened in the church," but he would have it opened for me in the graveyard, which he did, and there by the open grave, I had the sad satisfaction of kissing her goodbye for a season.

Now what was it, how was it? I have been preaching for some twenty-five years, but for the last six years have been in the practice of medicine, preaching part of the time. I have always sought to know spiritual things, and believe in another world and the possibility of communication therefrom. THE STELLAR RAY is doing good work.

DR. MCFADDEN, *Concordia, Kan.*

"Take a dash of water cold
And a little leaven of prayer,
A little bit of sunshine gold
Dissolved in the morning air;
And then as a prime ingredient
A plenty of work thrown in.
But spice it all with essence of love
And a little whiff of play,
Let a wise old book and a glance above
Complete a well spent day."

Everyone should consider his body as a priceless gift from one whom he loves above all, a marvelous work of art, of indescribable beauty, and mastery beyond human conception, and so delicate that a word, a breath, a look, nay a thought, may injure it.—*Nikola Tesla.*

* * *

Forces.

By *Ida Lyon.*

Eliminate forces from the universe, and what remains? Nothing.

By the way, is there such a thing as nothing—"ab-so-lutely nothing," as we say?

"You can search me," says Dead-broke, "I'll take my oath that I have nothing—ab-so-lutely nothing."

Don't make any mistake, Mr. Dead-broke, the whole universe is yours.

"Universe," you say, "bah! what is the universe?"

That is not a question to be asked or answered lightly. What, then, is the universe?

Let us begin with the visible, tangible portion of it. We call it matter. Every school boy knows that however immovable and solid a mass of matter appears to be, it is, on the contrary, a mass of *motion*. This motion had not, until recently, been considered as extending beyond the molecules composing matter, but the divisibility of atoms reveals nothing in their composition but *motion*—the motion of electric charges—in other words, electric energy—*force*. Matter, then, is force. Color has long been regarded as a property of light, difference of rapidity of vibration causing difference in colors. The heat that affords you grateful warmth or consumes your dwelling, electricity as manifested in lightning or the wireless message, the mechanical energy which is so much in evidence on every hand—all are forces.

Note the ticking of the clock. Mechanical energy converted into sound is illustrated in its regular vibrations.

It repeats the message of the "wild waves," "energy—force—rhythmic vibration," the key to all the power and mystery of the universe.

Notice your own breathing. Do you breathe? No. Here again, in the steady rise and fall of your chest, is a manifestation of a force *outside of yourself*, which vibrates through your organism, even against your *will*, should you oppose it. It is *will* stronger than your own (which is but a part of this great force), for this breath, this life force which throbs through you, is that which we call *will* and *feeling*, and, as an ever-moving force, passes constantly over your nerve fibres and blood corpuscles as surely as electricity passes over copper wire. Thought, a force which acts upon the grey nerve matter of the brain with wonderful results, is just being recognized by scientists in its true character, and Life is coming to be called by its true name, an "*ever moving force*."

Forces acting in unison—contending forces, or forces converted from one form of energy to another—what is there beside?

We talk glibly of "space" as a sort of receptacle for matter; but is there any part of the universe which we can conceive of existing in that capacity—a sort of vacuous entity or nonentity, in which matter moves? For matter is always in motion—motion, activity, energy, visible in some forms of matter and invisible in other forms.

Where is space, since *all* matter, visible and invisible included, is *energy*, and nowhere is there aught else?

In the operation of the telephone, we convert life and thought into other forms of energy. Thought impels us to action. We convert life energy into mechanical energy, mechanical energy into sound, sound causes the vibration of a soft iron diaphragm (mechanical energy again), which causes changes of distribution of magnetism in a bar magnet, which in turn induces a current of electricity in a coil of copper wire. This is conveyed to a distance and the exchange of forces is repeated in a reverse order.

We speak of space as limitless. We can think of stars so distant that their light is thousands of years in reaching

our Robinson Crusoe island—Earth; but the mind is powerless to compass the significance of the word limitless.

We can only say with Elmer Gates, that no more can we think of a limit to—I will not say, with him, "space," but rather, energy—without thinking of something beyond the boundary.

Ida Lyon.

♦ ♦ ♦

Departure.

The hour soon comes, sweet friends,
when I

Shall quit this form of mortal clay.
The call has come—I know not why;
But still I go, and would not stay.

Above the night the star-worlds gleam,
And moon-beams kiss the silver sea.
Ah, do I hear, or do I dream
The angel voice that calls to me?

Between the worlds in love-lit air,
The soul-way shines in radiant light:
Your tender thoughts go with me there—
Sweet friends, I go. Goodnight, good-
night!

—Italy Hemperly.

What are your wishes in the line of magazines for 1908? Make them known to The Stellar Ray. A few subscription combinations are given in our advertising pages, but we can furnish many more, at most desirable rates.

♦ ♦ ♦

This Half-Finished Human Race.

By Herbert N. Casson, in *The Altruist*.

* * * *

The fact is that we have not yet begun to scientifically study and recreate ourselves. No one has spent as much care in studying human nature as Darwin did in studying earthworms. Astronomy we know, but gastronomy, as a science, is unborn. We can predict an eclipse, but not a stomach-ache.

Our colleges are still teaching pre-digested prejudice under the name of education. We have no professors who

teach courage, presence of mind, self-control or good citizenship. We have a Burbank who can educate the thorn from the rose, but where is the professor who can pluck greed and self-conceit from the human brain?

There are so many people in the world who make a living by the sale of ignorance, that the real progress of the race is a slow progress. Burbank would ne'er have gotten the thorns off his roses if there had been a hundred thousand men who made a living by keeping the thorns on. So you will find back of every immortal prejudice the men to whom that prejudice is a means of support.

Some day, let us hope, the human race will be finished and the scaffolding taken down. In those days we shall realize that life is a little knowledge framed in mystery, and that it is better to study the picture than the frame. We shall know how glorious it is to find out how and why—to face the lightning and tame it—to train out of ourselves the brutal instincts and slavish thoughts—to persevere until consciousness is no longer a jangle of conflicting sounds, but a harmonious symphony.

♦ ♦ ♦

An Arabian Proverb.

Men Are Four:

He who knows, and knows he knows,—
He is wise—follow him.

He who knows, and knows not he knows,—

He is asleep—wake him.

He who knows not, and knows not he knows not,—

He is a fool—shun him.

He who knows not, and knows he knows not,—

He is a child—teach him.

The readers of THE STELLAR RAY will observe that we have eliminated from our advertising pages every shadowy attempt to employ these pages for objectionable ads, and we wish every advertiser whose name appears in THE STELLAR RAY, to feel assured that he or she is in the best of company.

MISCELLANEOUS

Judge Edmonds a Spiritualist.

In an address delivered by Mr. W. H. Terry before the members of V. A. S., in Melbourne, Australia, he spoke of the pioneers of modern Spiritualism, and particularly of Judge J. W. Edmonds, a former judge of the Supreme Court of New York. And Mr. Terry gives Judge Edmonds' own words relative to his position regarding the investigating he conducted in conjunction with an officer of high rank in the army and a former professor at West Point, as follows:

"Now, under all these circumstances, what was I, as an honest man, blessed with common sense, to do? Had I a right to disregard the evidence of my own senses, enlightened by patient inquiry and the deductions of my own deliberate judgment drawn from that evidence? Could I reject a weight of evidence that was allowed to prevail in all human transactions, and without which the earth would be a bedlam? If I did, on what was I to rest my judgment? What, indeed, but caprice, or arbitrary will, or the opinion of others! No, I could not thus trifle with my reason. The responsibility was too great, and I therefore brought to bear on this subject the same faculties which were daily at work within me, in passing judgment on the life, liberty, or property of my fellow-men, and the result at which I arrived was an inevitable one. And I venture to say, from all my observation in this matter, that such must be, as such has been, the result in every candid mind that will give the subject an impartial examination. It is this which daily causes hundreds who are convinced against their will, and in defiance of all preconceived opinions, to wheel into the spiritual column. It is this which causes the tide of spiritualism, fed from these thousand rills, to swell rapidly against the barriers of error and superstition. It is this, among other things, which tells me to beware lest these revelations be of

God, and it be impiety to doubt them.

There was, however, another element in the phenomena which had immense influence with me, and that was the intelligence displayed by this unseen power. That was almost always manifested at every interview, and the question that obviously presented itself on the very outset was, whether that was from the mind of any mortal present, or from some other source? So that, even if it had been established that the sounds and physical manifestations of which I have been speaking were produced by mortal agency, still the question remained, whence came the intelligence that was displayed? For instance: What was the power that read the thoughts which I had buried for a quarter of a century in the depths of my heart? What the power that knew my interrogatory the instant it was formed in my mind? What the power that read the questions which I had written in the solitude of my study? What the power that revealed my secret purposes to the bystanders, and the purposes of others to me?

Before those questions could be answered satisfactorily, to me at least, the whole character of that intelligence, and all the phases and forms in which it displayed itself, must be understood. It seemed to me that it would have been rash indeed to have attempted to pronounce a judgment on one or two or a few exhibitions of it only. Nor did I; but carefully for months, aye! and now for years, have I watched it, and there is no possible solution of it that I can imagine that can bring it to any other complexion than that it is out of and beyond mere mundane existence—in other words, that it is super-terrestrial."

The new science perceives that instincts and aspirations in the mind are facts of nature that must be interpreted and accounted for by reason as truly as a stone in the hand.—*Newell Dwight*

We call attention to our special free trial subscription offer in the advertising section of this issue.

* * *

Psychic Development.

By Emmett Strattan Bennett.

The following is an extract from a work entitled *Psychic Development*, further described among the *Books and Periodicals of this issue*.

"The preponderate thoughts of the world are of pain, greed, lasciviousness and of appetite, and as soul development increases the receptivity to impressions, these unwelcome visitors will crowd in with the widening of the portals. Epidemics of disease, waves of political and martial excitement, outbursts of ethical or religious fervor spread over continents, all temporarily or permanently affecting the majority of persons. And as these thought waves are beneficent or adverse, individuals and nations rise in prosperity or sink under adversities. * * * With Reason the captain, Will the helmsman and Soul the propelling power, your spirit may soar safely among empyrean wonders and at the end of life rest in ease in fields Elysian. Sit or lie quietly once in twenty-four hours and think steadily of your oneness with universal life, * * * awaiting the feeling of a Divine Intelligence encompassing you and that it only permits life's vicissitudes to come to you for your ultimate good. Only persevere and be patient, and when you are prepared for its reception, the Silent Voice will reach you and then you will need no further human instruction."

* * *

The Great Brain Specialist.

Dr. Albert Wilson, of London.

Dr. Wilson, of London, England, the great brain specialist, says: "There is no separation between the mind and the brain, and the whole question of responsibility depends upon the pyramidal layer or cortical department of the brain." He also says that, "This knowledge en-

ables us to understand and unravel the mysteries of crime in a greater or less degree, and it should be used as a new standard of measurement in dealing with the punishment of the wrong-doer. It does not mean that we should excuse crime, but that it should be treated entirely on new lines. The antiquated law methods of so much punishment for so much wrong-doing is too fossilised to deserve any toleration. There are criminals so constructed that they can never go straight under any circumstances, and they should be dealt with specially and humanely by the state. We cannot look for normal brain amongst the poor, who are devastated by alcohol, disease, and starvation. Therefore, it is a mistaken idea to expect as much responsibility from a working lad as from a properly brought-up, well-fed young man of the upper classes. The brain feebleness of the working classes of today is largely due to state methods of education. No longer are the working classes full of fire and capable of entering into the competition of life. The cause is due to destructive influence of enforced education on the ill-nourished poor.

"I consider it the most hopeful part of all my researches that they have helped to demonstrate both the existence of the soul and the possibility and probability of its continued existence after death.

"The soul is a superstructure of the mind, and so, according to the laws of the conservation of energy, the soul is bound to go on living. We must treat the soul as the highest forms of energy. One begins at the lowest forms of vital energy in the shape of muscular movement, which can easily be measured. Then comes nerve motion, and we can measure its velocity, but we have no power of estimating what nerve motion is, although we can see the effect of motion in the further changes in the nerve cells, consisting in the altered appearance of the stainable granules. We then pass from the nerve cells which receive impressions and from others which emit motion, to a new type of cell, the

association cell. This is feebly represented in the lower creation, but it is a special feature of the human brain, and is connected with mind, thought, memory, emotion, ideation.

"The human mind is a miracle, but is it the end? We have every reason to believe it is not, because there is no science in which we have reached the ultimate goal of its capacity. There is every reason, then, to believe that there is something beyond the mind, and something built on the mind, just as the mind is built on the brain. We have such remarkable psychological experiences of what we term spiritual and religious phenomena that there must be a basis for them. The only hypothesis or basis is what we term the soul, as an actual vital force."



Discoveries Are Man's Salvation.

By Rev. Reed Stuart.

"The discovery of America is an event of never-failing interest. Columbus invaded unknown regions, and sweeping away all creations of fancy, filled their places with realities. What obstacles met him at the beginning: Apathy from the great multitude, because of their ignorance; hostility from men of money, because his project seemed little better than a madman's scheme; opposition from ecclesiastics because his plan set aside the teaching of the church and was contrary to scriptures. Everywhere discouragement, and yet he persevered. So long as mankind numbers constancy to a purpose, faith in the soul's power to master all obstacles when in pursuit of a daring ideal, and courage which is endeavoring to realize that dream is willing to die, but not retreat—so long as these qualities are numbered as commanding virtues, so long will he retain his place among earth's immortals.

"The discovery of a new land was not the only thing he did, however. He established a scientific truth. He put fear and superstition to flight. His achievement changed not only the future of the western but also of the eastern hemisphere. A certain daring belief

and largeness of expectation became apparent. Hitherto man had been facing the east. From that time he turned to the west. The future suddenly seemed to be greater than the past. Things to be done surpassed the things that had been done. America was destined to become civilized, but Europe was destined to become rationalized. Men were confronted by new problems. All life was awakened. Thus the discovery of a larger humanity.

"This is only a feeble illustration of what man does with the world. Every generation seeks and finds a new continent. If it has not found the thing it sought like Columbus, it has found something better. In the Bible story young Saul went out to find some asses, but instead he found himself anointed the King of Israel.

"We may not seek for India by a new route, nor for a northwest passage, nor for an open Polar sea, but for honor, truth, justice—some new America of the soul. Thus are we all discoverers. That which we found in youth does not satisfy us in maturer years. Our domain must be extended. Farther toward the sunset are richer shores. We must weigh anchor and set sail. Under guidance of a trusted Pilot we cannot fail to find the way."

The Stellar Ray is in a position to furnish excellent horoscopal readings.

A good horoscope should be of special value to parents in the care and education of their children.

To the young in choosing their vocations in life.

To forestall grave business blunders, also errors in forming congenial marriages.

Those of our readers who are interested in the subject will find two full pages in the advertising department of this issue, giving particulars regarding The Stellar Ray Horoscopes.

The Man of Science is essentially the Man of Religion; and, as Huxley says, science is but trained and organized common sense. It has already transformed the world, and there is a sense of solidity about the Law of Nature that belongs to nothing else. Each single law is an instrument of scientific research, simple in its adjustments, universal in its application and infallible in its results. Science simplifies, while it infinitely ennobles and purifies, our conception of God.

Nature is the true revelation or source of real knowledge. As forces of Nature are but different forms of the One Omnipresent Divine Energy, natural law will enable us to read that great duplicate which we call the "Unseen Universe," and to think and live in fuller harmony with it. And, as Dresser well says: "That man who, starting with Nature as a great living fact, develops his philosophy direct from that, and steers clear of all theological basis, will do the world a great service."—*From Spiritual and Material Attraction*, by Eugene Del Mar.



An Age of Wonders.

A few weeks ago the residents of London were gazing in admiration at the movements of an aerial ship which floated gracefully over the thousands of buildings in the great metropolis, propelled at the rate of 20 miles an hour; but its voyage was limited to a total of about 52 miles. This aerial ship was constructed and owned by the government, and Londoners probably felt that in time of war they would be provided with enough of such air craft for the purpose of observing the forces of an enemy, as well as to drop explosives therefrom.

Paris has been experimenting successfully for several years with similar airships, and the Frenchmen are far in advance of the Britishers in this class of experiments.

And now the United States comes to the front with balloons that are making record flights throughout the west, soaring over the Great Lakes, and even ven-

turing as far as Canadian territory. Flights of hundreds of miles in these American balloons are becoming common now by real "sky pilots."

Our war department officials are excusable for feeling highly elated over the remarkable success of these American balloon pilots, says the Boston Globe, for it means that in time of war the United States will be up to date with any other power in this particular line.

In the last century ballooning was looked upon as merely a fascinating and dangerous amusement; now it is being utilized for very important purposes.

Aerial navigation may be in its infancy, but its progress is destined to be so very rapid that the present generation will witness wonderful achievements in it.

How many individuals of the last century would have believed it possible for many thousands of words to be sent across the Atlantic ocean by wireless telegraphy in the early years of this century? Yet this has been accomplished.

In the electrical world the number of inventions is unlimited and the most distinguished electrician does not dare to prophesy any limit to them. In fact, it is felt that this century will witness even more marvelous achievements through the aid of electricity than any yet known. Even Edison, in spite of his phenomenal success, is still so fascinated with the possibilities of new discoveries that he cannot retire permanently from the field. There is scarcely a leading industry in the land that has not experienced a benefit from some species of electrical equipment in recent years.

The list of extraordinary events and inventions during the first years of this century is a long one, but the slightest consideration of it will convince any one that he is living in a wonderful age.

The glory of life is to love, not to be loved; to give, not to get; to serve, not to be served. To be a strong hand in the dark to another in the time of need; to be a cup of strength to a human soul in a crisis of weakness, is to know the glory of life.—*Rev. Hugh Black.*

Sunshine is delicious, rain is refreshing, wind braces up, snow is exhilarating; there is really no such thing as bad weather,—only different kinds of good weather.—*Ruskin.*

* * *

Plenty of Money in the Country.

By M. W. Lawrence, Vice-President of Lawrence Pub. Co., Cleveland, Ohio.

We not only believe, but know positively, that the advertiser who discontinues his advertising because inquiries may have dropped off a little during the past few weeks, is acting unwisely. He is losing all the cumulative effect of his past advertising, and he will have it all to do over again, which means a far greater expense to him than if he let his advertising run right along.

* * *

Early Rising.

A young farmer found he was getting reduced in circumstances. He went to a friend to ask his advice. This friend, with a grave face, said, "I know of a charm that will cure that: take this little cup, and drink from it every morning of the water you must get at such a spring. But remember, you must draw it yourself at five o'clock, or the charm will be broken." The next morning he walked across his fields, for the spring was at the farther end of his estate, and spying a neighbor's cows which had broken through the fence, and were feeding on his pasture, he turned them out and mended the fence. The laborers were not yet at work; when they came loitering along after their proper time, they were startled at seeing their master so early. "Oh!" said he, "I see how it is; it comes of my not getting up in time." This early rising soon became a pleasant habit; his walk and cup of water gave him an appetite for breakfast; and the people were, like him, early at work. He soon acknowledged that the advice his friend had given was as good as it was simple and effective.—*The Universal Family Magazine.*

ASTRO PUBLISHING Co., Detroit, Mich.:

My Dear Sirs—By all means don't let my subscription lapse. I would not do without THE STELLAR RAY if I had to drop every other paper. I shall be a subscriber during my life on earth for this reason: It is on New Thought lines, but at the same time it is not flying to "new gods." It is trying to harmonize science with religion.

Fraternally yours,

C. T. LAS VEGAS, New Mexico.

All articles which have or do appear in *The Stellar Ray*, taken from The Science and Key of Life are copyrighted. Publishers when using this data will kindly give due credit.

Now mankind defers from day to day the best it can do, and the most beautiful things it can enjoy, without thinking that every day may be the last one, and that lost time is lost eternally!—*Max Muller.*

* * *

Seen in a Trance.

From The Boston Transcript.

Boston, December 4.—Miss Bertha Huse was drowned in the deep black waters of Lake Mascoma, at Enfield, N. H., where her home was. A diver and over 150 townspeople vainly searched for her body for three days. Then Mrs. Nellie M. Titus, of Lebanon, in a trance, saw Miss Huse's body lying in eighteen feet of water. Mrs. Titus described the exact spot to the diver, and there he found the body.

Prof. William James, who for more than twenty years has been chief of the department of philosophy at Harvard university, has investigated all the facts in this remarkable case, and sets them forth in the proceedings of the American Society of Physical Research, just published. Prof. James adds: "My own view of the Titus case is that it is a decidedly solid document in favor of the admission of supernormal faculty of seership, whatever precise meaning may come to be attached to such phrase."

"If you and I—just you and I—
Should laugh instead of worry;
If we should grow—just you and I—
Kinder and sweeter hearted,
Perhaps in some near by-and-by
A good time might get started;
Then what a happy world 'twould be
For you and me—for you and me!"

—Longfellow.

* * *

A Children's Song by Kipling.

Father in Heaven who lovest all,
Oh help Thy children when they call;
That they may build from age to age
An undefiled heritage.

Teach us to rule ourselves alway,
Controlled and cleanly night and day;
That we may bring, if need arise,
No maimed or worthless sacrifice.

Teach us to look, in all our ends,
On Thee for judge, and not our friends;
That we, with Thee, may walk uncowed
By fear and favor of the crowd.

Teach us the strength that cannot seek,
By deed or thot, to hurt the weak:
That, under Thee, we may possess
Man's strength to comfort man's distresses.

Teach us delight in simple things,
And mirth that has no bitter springs;
Forgiveness free of evil done,
And love to all men 'neath the sun!

ASTRO PUBLISHING CO.:

Gentlemen—Please find inclosed remittance for THE STELLAR RAY for the coming year, 1908, for my sister and self, as usual. We both consider the magazine an improvement upon "Suggestion," and it was very good. It seems to me that THE STELLAR RAY improves with each issue; it feeds body, mind and soul for those who know how to appreciate and apply its teachings.

* * * *

Wishing you every success in your good and noble work for mankind, and a happy New Year,

Respectfully,
A. S., Santa Barbara, Cal.

What are your wishes in the line of magazines for 1908? Make them known to The Stellar Ray. A few subscription combinations are given in our advertising pages, but we can furnish many more, at most desirable rates.

* * *

Opportunity.

Take heed and listen while I speak
A solemn word to thee;

Earth's fairest, yea, but swiftest gift,
Is opportunity.

It far outstrips the fleetest bird
That wings the furthest sky:—

Lo! all thy flowers to dust are turned
If thou dost let it by.

—From the Greek.

* * *

The Sagacity of Animals.

In a recent work on the Alps, in the chapter devoted to avalanches, H. Berlepsch gives (says the "Uebersinnliche Welt") some curious examples of the manner in which many animals seem able to foretell the approach of an avalanche. Chamois avoid slopes which are often visited by falls of snow, the mountain starlings descend to the valleys, and the dogs who are employed to search for travelers, especially on the Simplon, become uneasy and howl loudly before an avalanche. Horses are still more sensitive, they feel the coming storm and hasten homewards, and even the quietest and most peaceable animals become unruly and unmanageable. In one Alpine village the inhabitants relied almost entirely on the sagacity of a horse.

On one occasion, when drawing a sledge, he absolutely refused to advance beyond the entrance to a narrow mountain pass, neighing loudly to protest against man's stupidity. At last he was compelled by blows to proceed, but the sledge had hardly entered the gorge when it was overwhelmed by an avalanche, in which all perished.—M. Schwabe.

Wondrous is the strength of cheerfulness, altogether past calculation its powers of endurance.—Carlyle.

BOOKS AND PERIODICALS

Meat Substitutes.

Some books are more necessary than others. One of the necessary books is *Meat Substitutes*, by Isabel Goodhue, published by the New York Magazine of Mysteries. This book grew out of the necessity of the day for something which would tell how to prepare attractive and appetizing dishes from fruits, grains, nuts, etc., which would satisfy the vegetarian as well as the meat eater who wishes to vary his diet by substantial dishes prepared without the use of meat.

The book is handsomely bound in art vellum cloth, and printed on tinted paper in a new and beautiful type specially made for books of the finest class. Each page is bordered with a handsome and appropriate design and blank pages are inset for memoranda. A fine flavor of higher thought in the preparation of food is given by the quotations interspersed throughout the book. Taken as a whole, *Meat Substitutes* is unlike anything in the way of books ever brought out before, and it will attract attention both for its appearance and especially timely value of its contents.

This book is attractively bound in art vellum, printed on tinted paper, new and beautiful designs and type of finest class. Price \$1.00, through THE STELLAR RAY Book Department.

* * *

Psychic Development by Emmett Crattan Bennett.

This work cannot fail to be of fascinating interest to those thoroughly interested in its subject, and to those who are looking into it, the book must prove to be of great service. Its style is clear, simple and devoid of scientific phraseology, and the genius back of its knowledge of the subject stirs the reader to sympathy and admiration. It is published by Foote & Davis Company, Atlanta, Ga. Price 50c, and it may be purchased through THE STELLAR RAY Book Department.

Healthology (Health Study) is a work by Irving James Eales, M. D. D. O., of Beleville, Ill., and is for sale by L. N. Fowler & Co., 7 Imperial Arcade, Ludgate Circus E. C., London, England. This book is also printed in America and may be purchased of its author at Beleville, Ill., or of THE STELLAR RAY for \$1.50.

It is handsomely bound in red silk cloth with gold lettering, and contains about 225 pages.

Healthology teaches how to regain and maintain perfect health, a book for everybody—the doctor, the layman, the thin, the fleshy, the sick, the well.

The work is in three parts. Part one, "How, When and What to Eat." Part two, "History of the Evolution of the Fasting Cure" (Healthopathy). Part three, "History of the Author's Thirty-one Days Without Food." Half-tones of the author before, at different stages of, and after the fast.

"Kindly Light," a book for the seeking soul and the weary heart, by John Milton Scott, former associate editor of "Mind." Price \$1.00. For sale by the Grail Press, 2034 Seventh street, New York city.

* * *

The Magazinish.

A monthly magazine devoted to the interests of magazine subscription workers. It is published by Herbert Hungerford, 131 Hawley St., Binghamton, N. Y. Issued on the first of each month. Subscription price 50c per year, 10c per copy.

* * *

Nature Cure Magazine.

Devoted to man-building on the physical, mental and moral planes of being. It is published by The Nature Cure Publishing Co., 308 Ashland boulevard, Chicago, Ill. Price \$1.00 per year, 10c per copy.

ASTRO PUBLISHING Co., Detroit, Mich.:

Gentlemen—Your magazine is the most excellent publication I read. You make every number better than its predecessor. My father was an astronomer and a believer in astrology and was connected with the Vienna Observatory for 24 years.

Very truly yours,
R. C. C., Chicago.

The Scarlet Shadow.

By Walter Hurt—*A Story of the Great Colorado Conspiracy.*

"The Scarlet Shadow" is printed on heavy egg-shell paper, bound in oxblood cloth, and contains 424 pages.

Walter Hurt is unique. He is strong and masterful as a writer, thinker, reasoner. Superstition must give way before the impetuous onslaught of his inexorable logic. As an epigrammatist he is equal to Elbert Hubbard at his best. By turns he is eloquent, witty, satirical, argumentative, analytic, pathetic, poetic. He is a wizard of words who alternately plays upon the human emotions and appeals to human reason.—*Dr. J. B. Wilson, in Blue Grass Blade.*

This work is published by the Appeal Publishing Co., Girard, Kan. Price \$1.50. May be purchased through THE STELLAR RAY Book Department.

Posthumous Essays of Emerson.

The Medium, Charles Lincoln Phifer.

This booklet is of such an unusual nature that it should receive careful consideration if its claims are ignored, we still have a notable literary production and the advent of a fine essayist in America. If they are accepted, we have a notable demonstration of high grade contribution given to the world by spiritism. Whichever view is taken of the matter, due credit must be given to the merit in the essays. This booklet is published at 21 Madison street, Boston, but may be purchased of THE STELLAR RAY Book Department for 25c.

"He that brings sunshine into the lives of others cannot keep it from himself."

We call attention to our special free trial subscription offer in the advertising section of this issue.

Mrs. Besant's Chicago Lectures, 1907.

The Rajput Press, of Chicago, has just published, in the form of a neat buckram bound volume, the lectures of Mrs. Annie Besant, of Adyar, Madras, India, delivered in Orchestra hall before audiences of the general public upon the occasion of the annual convention of the American Section of the Theosophical Society, held at Chicago in September of the current year.

The eloquence of Mrs. Besant, her breadth of view, her wide knowledge of present day humanity and her practical acquaintance with the most diverse nations of the world give her strongly expressed statements the utmost value to all classes of humanitarian thinkers.

The first of the lectures, "Psychism and Spirituality," deals with the difference between the exercise of the functions of the astral body and those of the higher vehicles, particularly the mental and causal bodies. A perusal of this lecture gives clearness and aid to discrimination on the topics of clairvoyance, telepathy and mediumship and their value.

"The Value of Theosophy in the World of Thought" is a topic of intense interest to theosophists. Yet the lecture was attended by a great many persons only remotely in sympathy with theosophic philosophy. Mrs. Besant shows in masterly style, the benefits that Theosophy has brought to modern men. Since "ideas rule the world," it must be thinkers that need to be first dealt with in order to change the conduct of the times. Theosophy is the influence that has turned the course of thought from the soul-deadening materialism of the past generation to the spiritual aspiration and comparative tolerance of the present period.

The last two departments of the book, "The Work of Theosophists in Indian Education," and answers to a

multitude of questions on a great variety of subjects, render the book an essential to every active student of the ancient wisdom.

Extracts from an article by one of the best known critics in America, Mr. W. L. Hubbard, upon Mrs. Besant's lectures in Chicago in September, 1907, *The Tribune*, September 22, 1907:

"Whether one accepts as truth or not the theosophical statements Mrs. Besant makes, no one can fail to be impressed by the large, liberal view she takes not only of matters of religious but of all that pertains to the life and conditions of humanity throughout the world.

"It is, therefore, not alone as theosophical teacher and authority, but as a woman mentally and naturally exceptional, that Mrs. Besant has won respect during her stay of a week in Chicago. Her utterances have weight because they come from one who thinks and who knows. She voiced many truths in her lecture here—truths which it would be well if we as a nation and as individuals could take to heart."

The book will be mailed on receipt of one dollar (in two-cent postage stamps if desired) by Weller Van Hook, 103 State St., Chicago, Ill., or to THE STELLAR RAY Book Department, Hodges Bldg., Detroit, Mich.

* * *

Writing by Wire.

Is the telegraph instrument, with its code of dots and dashes, doomed? One may well ask the question after learning about the "telewriter," the latest scientific marvel, by which it is possible to write a message which is produced simultaneously miles away in facsimile writing. This wonderful machine has already been brought to such a state of simplicity and perfection that it is in use in several London offices, and ere long will probably be used as largely as the telephone is today. As a matter of fact, the machine consists of a sender and receiver, with telephone attached, and it is connected to the ordinary telephone line without interfering in any way with its service.

The sending portion of the telewriter is a little table with a roll of paper, on which the message is written with a pencil connected to two arm-like levers, which control the resistances. As the pencil writes the message, the receiver of the instrument at the other end traces the facsimile in ink. The telephone can be used in the ordinary way when wanted, while the simple act of taking up the pencil switches the telewriter into action.

The instrument is used in a hundred ways where a telephone might be undesirable. For example, messages in the sender's own handwriting can be sent instantaneously to someone without any third party overhearing, as is possible in the case of a telephone. A message can be signed, and the signature is just as convincing as if it were the original, while the time which would be taken in sending a messenger is saved, and yet a record of the message can be kept. The chance of bogus messages is thus reduced to a minimum.

A remarkable feature of this machine is that sketches and designs can also be sent by wire. As soon as the sender's pencil is taken up, the pen of the receiver, miles and miles away, comes out of the ink, and, moving as if by magic, traces exactly what is written or drawn at the other end. Among other things it is proposed to use the telewriter for advertising purposes, and ere long we may expect to see writing without hands being done in shop windows in order to attract the passers-by.

* * *

A Few Wise Sayings.

Nothing is so strong as gentleness, nothing so gentle as strength.—*St. Francis de Sales.*

Efforts to be permanently useful, must be uniformly joyous—a spirit all sunshine—graceful from very gladness, because bright.—*Carlyle.*

I am an enemy to long explanations; they deceive either the maker or the hearer, generally both.—*Goethe.*

By the street of By-and-By, one arrives at the house of Never.—*Cervantes.*

A slander once spoken can never be recalled. It will live and do its deadly work on the person attacked as long as he or she may live, even if it has been shown to be false, and in many cases be a burden to be borne by his children and his children's children. In my opinion the slanderer is the vilest animal that God permits to cumber the earth.—Robert E. Fraser.

* * *

"Coffee Grunters"

Ever See One?

Thoughtful people have a laugh on coffee cranks now and then.

"I had used coffee ever since I was a small child," writes an Ind. lady, "and have always had bad spells with my stomach.

"Last spring just after I began house-keeping, I had a terrible time with my stomach and head. My husband bought a package of Postum and asked me to try it.

"I laughed at it because none of my folks would ever try it. But I made some the following morning, following directions on the package, about boiling it well.

"I was greatly pleased with the results and kept right on using it. Now I wouldn't drink anything else. I tell every old coffee "grunter" I see, about Postum, and all my folks and my husband's people, except a few cranks, use Postum instead of Coffee.

"When put to soak in cold water over night, and then boiled 15 minutes in the morning while getting breakfast it makes a delicious drink."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs. "There's a Reason."

* * *

A Cool-Headed Business View.

By Paul Leake.

While the religiously inclined point to the great moral regeneration promised by the onward sweep of prohibition in

the United States, and the lovers of law and order are glad to see its manifestations, there is a phase of the question that has apparently not been touched upon. It is the business side of it. Modern business with its immense responsibilities; up-to-date industrialism with its labor-saving machinery and attendant danger to human life; the whirlwind time made by our passenger trains and fast freights; the space annihilation made possible by the introduction of the turbine engines in the ocean-going palaces, all call for a high order of men.

It has become necessary in this day of keen competition to have men with clear heads to transact business. The time has come when it is recognized that if a man's brain is befuddled with liquor in business hours, his rival will take advantage of the occasion to gain ground. It has therefore become imperative for business generals to be sober and alert. They now demand the same qualities in their men.

So it is with the railroads. They realize their responsibility. No engineer under the influence of liquor or even with the odor of it on his breath is allowed to take an engine out of the round house. When an engineer goes back down to his passenger train, if he finds his crew is not absolutely sober he will refuse to pull the throttle an inch, and he is upheld in it by the railroad. They want no suit for damages, nor do they wish the reputation for allowing the lives of passengers to be endangered or sacrificed. This is also the case with the motormen and conductors on the street railway lines and interurban systems. In these days of rapid transit the men handling the controllers have to have cool heads and steady nerves.

It is the same with telegraph operators, either in the service of the railroads or in commercial message business. The list could be indefinitely lengthened, but these illustrations suffice.

The day has gone by when intoxication in the office, factory, mill, railroad, steamboat, street car line or any other avenue of business life, will be tolerated. This was not alone because liquor drink-

ing led to immorality and crime; it was cold-blooded business, the saving of dollars and cents to the business world. That it made toward a better citizenship and happier homes was a cheering result, but the fundamental cause of the change was pure business.

Owing to the increasing strenuousness of life the demand for a higher and higher stage of physical and mental perfection in men has become imperative. The question now arises, has this not been an important factor in the ease with which the prohibition movement has spread throughout the country? Does it not also furnish a most powerful weapon to those earnestly desiring the betterment of conditions?

Within the hands of the employing element lies the power to enforce the rule of strict sobriety. Let it be understood that upon sobriety depends a man's position, and there will be less drunkenness. The corporations may have many financial sins to answer for, but it must be acknowledged that in this respect they have done a world of good. As a result of their strict enforcement of the rule of sobriety there are today many more happy wives and mothers, than there were years ago.

Let the business interests extend this rule of sobriety, on or off duty, down the line to the class of wage-earners who, coming to this country, mistake liberty for license, and there will be a still further decrease in the business transacted at the early sessions of the police court. The police stations will not be so crowded.

* * *

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They Thrive On Grape-Nuts.

Healthy babies don't cry and the well-nourished baby that is fed on Grape-Nuts is never a crying baby. Many babies who cannot take any other food relish the perfect food, Grape-Nuts, and get well.

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"In this simple, easy way I saved baby's life and have built her up to a strong, healthy child, rosy and laughing. The food must certainly be perfect to have such a wonderful effect as this. I can truthfully say I think it is the best food in the world to raise delicate babies on and is also a delicious, healthful food for grown-ups as we have discovered in our family."

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To forestall grave business blunders, also errors in forming congenial marriages.

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Touchiness, when it becomes chronic, is a morbid condition of the inward disposition. It is self-love inflamed to the acute point.—*Drummond.*

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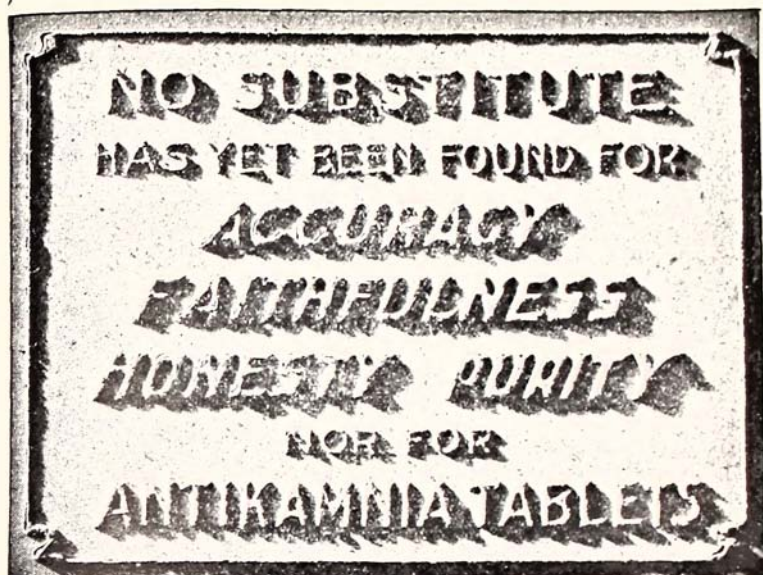
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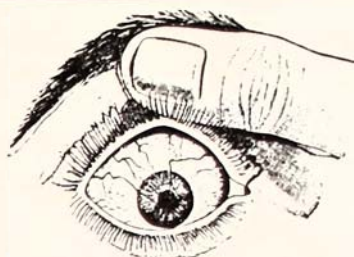
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